



Kathleen M. Rehl, Ph.D., CFP®, CeFT® Emeritus
 Happily “reFired” legacy storyteller and nonprofit ambassador
 Author: [Moving Forward on Your Own: A Financial Guidebook for Widows](#)
Kathleen@KathleenRehl.com

Selected articles, blogs, and podcasts

Date	Published In	Title & Link	Author
2/17/2021	<i>Sixty & Me</i>	Try Something New: Write a Poem and Stretch Your Brain	Kathleen Rehl
2/12/2021	<i>Humble Dollar</i>	Final Thoughts	Kathleen Rehl
2/3/2021	<i>AgeBuzz</i>	Shake Up Your Brain a Bit: Get Outside Your Comfort Zone	Kathleen Rehl
11/27/2020	<i>60 & Me</i>	Put Your Gratitude into Action—Not Only for the Holidays!	Kathleen Rehl
11/4/2020	<i>AgeBuzz</i>	How I Learned to Never Say Never	Kathleen Rehl
10/1/2020	<i>Journal of Financial Planning</i>	Self-empowerment among widows: A financial planning perspective	Laura Mattie John E. Grable Carrie L. West, Linda Y. Leitz Kathleen Rehl
9/9/2020	<i>Sixty & Me</i>	What I Learned from my Grandmother, the Entrepreneur	Kathleen Rehl
8/5/2020	<i>AgeBuzz</i>	The Joy of Writing Poetry Now!	Kathleen Rehl
5/1/2020	<i>Book</i>	Storied Tables of Caffe Lena: Preserving the Story & Spirit of a Legendary Venue	Kathleen Rehl Charlie Pickett
4/7/2020	<i>AgeBuzz</i>	Write Your Personal Legacy Letter for Family & Friends	Kathleen Rehl
3/1/2020	<i>Sixty & Me</i>	How to Create and Share Your Lasting Legacy of Love	Kathleen Rehl
3/22/2020	CNBC	Widows can lead a rewarding life after grief and growth stages	Kathleen Rehl
3/13/2020	CNBC	After initial grief, new widows must reexamine their finances	Kathleen Rehl
3/6/2020	CNBC	Recent widows need financial guidance after a spouse's death	Kathleen Rehl
10/27/2019	<i>Sixty & Me</i>	Choose Retirement Rather Than Vintage Retirement! These 7 Questions Will Help You Find Your Direction	Kathleen Rehl
10/23/2019	<i>AgeBuzz</i>	Girlfriends Getaway	Kathleen Rehl
08/09/2019	<i>Forbes</i>	How Widows Can Better Manage Their Money	John Wasik
07/30/2019	<i>Investment News</i>	Retirement Repair Shop with Mary Beth Franklin – Episode Seven	Mary Beth Franklin
07/16/2019	<i>AgeBuzz</i>	After The Hearse, Don't Be A Purse Or A Nurse!	Kathleen Rehl
07/11/2019	<i>Sixty & Me</i>	6 Know-It-All Statements New Widows Don't Want to Hear (And Alternatives That Are Actually Helpful)	Kathleen Rehl
06/27/2019	<i>Center for Retirement Research at Boston College</i>	Widows: Manage Your Grief, Finances	Squared Away Blog



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05/23/2019	<i>Investment News</i>	Dealing with widows requires empathy and patience	Mary Beth Franklin
05/15/2019	<i>Reuters</i>	Depression risk could derail your retirement portfolio	Beth Pinsker
05/01/2019	<i>AgeBuzz</i>	Dollar For Dollar: Determining Your Financial Strategy As A New Widow	Connie Zuckerman
04/13/2019	<i>The Bulletin</i>	How grieving widowed spouses can cope with financial matters	Susan B. Garland
04/11/2019	<i>The New York Times</i>	You're a Widow. Now What?	Susan B. Garland
04/01/2019	<i>Living Lutheran</i>	Couple shines their light	Erin Strybis
03/29/2019	<i>The Wall Street Journal</i>	Estate Planning for the Uninitiated	Anne Tergesen
03/28/2019	<i>Humble Dollar</i>	Better Than Golf	Kathleen Rehl
03/01/2019	<i>New York Times</i>	You're the 'Money Person' in Your Relationship? That's Problematic	Elizabeth Harris
02/20/2019	<i>Think Advisor</i>	The 3 Stages of Widowhood, and How Advisors Can Help	Jane Wollman Rusoff
02/14/2019	<i>Next Avenue</i>	Next Avenue Readers On What Love Looks Like	Kathleen Rehl
01/08/2019	<i>Nerd's Eye View</i>	#FASuccess Ep 106: Empowering Widows Financially By Helping Them Navigate The 3 Stages of Widowhood	Michael Kitces Kathleen Rehl
12/21/2018	<i>Sixty & Me</i>	Don't Make New Year's Resolutions: Mature Women Enjoy This Alternative	Kathleen Rehl
12/01/2018	<i>Insurance News Net Magazine</i>	After The Funeral: Navigating The Three Stages of Widowhood	Kathleen Rehl
11/17/2018	<i>New York Times</i>	Women Who Become Widows Are Faring Better Financially	Tammy LaGorce
11/15/2018	<i>Time</i>	The One Thing Married Women Should do to Protect Their Finances Before They Retire	Ryan Drousseau
11/05/2018	<i>Humble Dollar</i>	Merging Money	Kathleen Rehl
11/01/2018	<i>Sixty & Me</i>	Marriage After 60: I Love Two Men, With the Blessings of Both	Kathleen Rehl



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08/13/2018	<i>Sixty & Me</i>	How a Getaway With Girlfriends Can Enhance Your Friendships in Retirement	Kathleen Rehl
06/20/2018	<i>Kbkweathh connection</i>	Do You Want to be Hired or Fired by the New Widow	Kathleen Rehl
5/10/2018	<i>Sixty & Me</i>	What Money Personality Type Are You? Spender, Idealist, Star, Avoider Or Something Else?	Kathleen Rehl
02/09/2018	<i>Sixty & Me</i>	Never Say “Never” When It Comes To Finding Love After A Loss	Kathleen Rehl
02/05/2018	<i>Sixty & Me</i>	New Guidebook For Widows Offers Hope, Financial Wisdom and a Positive Path Forward	Margaret Manning
02/01/2018	<i>Financial Adviser News</i>	How Advisors Can Tailor Their Services For Widows	Karen Demasters
01/19/2018	<i>USA Today</i>	How to prepare financially for being a widow/widower	Robert Powell
12/02/2017	<i>Journal of Financial Planning</i>	Enhancing Financial Confidence Among Widows: The Role of Financial Professionals	John E. Grable Carrie L. West Linda Y. Leitz Kathleen Rehl Carolyn C. Moor Michele Neff-Hernandez Susan Bradley
10/05/2017	<i>Sixty & Me</i>	After 50 Dating: 10 Financial Questions To Ask Your Partner Before Committing	Kathleen Rehl
08/25/2017	<i>NAPFA Advisor Magazine</i>	10 Questions To Ask Your Widowed Clients Who Re-partner	Kathleen Rehl
08/21/2017	<i>Sixty & Me</i>	Why Are Mature Women Living With Their Partners Rather Than Marrying?	Kathleen Rehl
07/03/2017	<i>Sixty & Me</i>	Are We Too Old For Boyfriends In Our 60s?	Kathleen Rehl
06/07/2017	<i>Seeking Alpha</i>	5 Financial Planning Tips For Working With Recent Widows	Jack Waymire
05/01/2017	<i>Journal of Financial Service Professionals Vol. 71, No. 3</i>	Helping Repartnered Widows Navigate Romance and Finance: The Role of the Financial Advice	Kathleen Rehl Carrie L. West Linda Y. Leitz John E. Grable Carolyn C. Moor Michele Neff-Hernandez Susan Bradley
03/18/2017	<i>Financial Advisor IQ</i>	Have a Client in Crisis? Take It Slow and Easy	Pedro Silva



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03/10/2017	<i>Advisor Connect: Financial Insights & Growth Strategies</i>	Will You Be Hired or Fired by the New Widow?	Kathleen Rehl
02/08/2017	<i>FINRA: The Alert Investor</i>	Managing Money Through Grief: 10 Tips for Widows and Widowers	Alice Gomstyn
01/13/2017	<i>Sixty & Me</i>	Financial Advice For Widows: 9 Steps To Help You Get Control And Move Forward	Kathleen Rehl
12/20/2016	<i>Sixty & Me</i>	Give Yourself a Legacy Gift By Repurposing Meaningful Jewelry	Kathleen Rehl
11/4/2016	<i>Sixty & Me</i>	Financial Advice for Widows: What To Do Before You Remarry	Kathleen Rehl
10/17/2016	<i>Reader's digest</i>	10 Things You Should Never Say to a Widow	Deborah Weiss
10/04/2016	<i>Sixty & Me</i>	Love Is Eternal, But, Life Isn't! Facing the Chance of Becoming a Widow	Kathleen Rehl
09/14/2016	<i>Sixty & Me</i>	5 Big Mistakes that Widows Make and How to Avoid Them	Kathleen Rehl
08/17/2016	CNBC	Suddenly single: The realities of going from two to one	Ilana Polyak
06/20/2016	<i>Next Avenue</i>	I Planned for Life as a Widow, But Got a Lot Wrong	Ellen Uzelac
04/29/2016	<i>Tampa Bay Times</i>	Why are more Baby Boomers who can afford to buy a home renting instead?	Susan Taylor Martin
04/23/2016	<i>Sentinel Online</i>	Expert offers story, advice on widowhood	Judy Bryan
01/13/2016	<i>CBS & Fox News: KEYC Mankato</i>	Preparing Women For Financial Life After The Death Of Their Spouse	Shawn Logging
01/05/2016	<i>Journal of Financial Service Professionals Vol. 70, No. 1 pp.53-60</i>	Widows' Voices: The Value of Financial Planning	Kathleen Rehl Carolyn Moor Linda Leitz John Grable
10/28/2015	<i>Financial Planning</i>	Ensuring Success When Switching to a Flat Retainer Fee Model	Carolyn McClanahan
10/05/2015	<i>Financial Advisor IQ</i>	Keeping Widows from Leaving Calls for a Delicate Dance	R.A. Monroe
9/28/2015	<i>Investment Advisor</i>	Marketing Tips of the Trade	Olivia Mellan
08/10/2015	<i>Bankrate.com</i>	A guide for widows on how to manage money	Julie Landry Laviolette
07/27/2015	<i>Susan's Women's Writing Circle blog</i>	A Widow's Memoir Moment	Kathleen Rehl



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07/20/2015	<i>The Chautauquan Daily</i>	Rehl to advise widows about financial transition	Deborah Trefts
07/18/2015	<i>New Haven Register</i>	DOLLARS & SENSE: A little support goes a long way	John Fitts
05/15/2015	<i>Investment News</i>	How to Talk to Clients Who Have Just Been Widowed	Kathleen Rehl
04/03/2015	<i>Sudden Money Institute - SMI Blog</i>	Sharing Your Story, Values, Wealth, and Aspirations for Future Generations	Kathleen Rehl
03/24/2015	<i>Sudden Money Institute - SMI Blog</i>	On Hosting Events for Widows	Kathleen Rehl
12/01/2014	<i>Broker World Magazine</i>	How to Help Your Widowed Clients Make Wise Decisions with Life Insurance Benefits	Kathleen Rehl
11/05/2014	<i>JournalTimes.com</i>	Retirement Income for Surviving Spouses	Justus Morgan
10/27/2014	<i>Sudden Money Institute - SMI Blog</i>	A Tool To Use With Your Widowed Clients	Kathleen Rehl
10/01/2014	<i>ACP Financial Focus</i>	Recommendations for Recent Widows	Kathleen Rehl
10/01/2014	<i>Broker World</i>	Three Tips on What to Say to Your Widowed Client	Kathleen Rehl
10/10/2014	<i>Wall Street Journal</i>	Wealth Adviser: Are You Guilty of ‘Due-Diligence Lite’ on Funds?	Kevin Noblet
09/09/2014	<i>Wall Street Journal</i>	A ‘Financial Retreat’ for a Widow	Austin Kilham
08/17/2014	<i>Investment News</i>	Advising Women Through Transitions	Staff
08/03/2014	<i>The Chautauquan Daily</i>	Rehl to Advise Widows On Emotional And Financial Transitions	Deborah Trefts
07/23/2014	<i>Investment News</i>	Advisers Need to be Nurturers When Helping a Woman Through Life Changes	Alessandra Malito
07/10/2014	CNBC	Widows: Don’t Let Grief Cloud Financial Judgment	Ilana Polyak
Summer 2014	<i>Woodbury Connection</i>	6 Tips for Working with New Widows	Kathleen Rehl
06/17/2014	<i>Blueleaf</i>	What to Say [and NOT Say] to a Grieving Widowed Client	Kathleen Rehl
05/30/2014	<i>Miami Herald</i>	When Husband Dies, Widows Must Deal with Grief And Finances	Julie Landry Laviolette
05/12/2014	<i>Blueleaf</i>	Faced with This Unpredictable Client Moment, Pause and Don’t Talk About the Market	Kathleen Rehl



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04/28/2104	Research Magazine	Grieving Clients, Sensitive Advisors	Ellen Uzelac
04/15/2014	CNBC	From Grief TO Growth and Beyond, A Widow Can Lead A Rewarding Life	Kathleen Rehl
04/20/2014	CNBC	After Grief, New Widows Must Reevaluate Finances	Kathleen Rehl
04/10/2014	CNBC	New Widows Take Stock of Finances	Kathleen Rehl
03/18/2014	CNBC	What do Women Want? Financial Advisors Who Get It	Kelley Holland
02/24/2014 (March print issue)	Investment Advisor	Working with Widows ~&~ Learning More About Working with Widows	Olivia Mellan
02/07/2014	Citizen-Times.com	Widows Need Financial Education	Al Davis
01/21/2014	Financial Advisor IQ	Office Decor Is More Important Than You Think	Miriam Rozen
01/16/2104	MoneyNews.com	Senior Scams Hit Victims with \$2.9 Billion in Annual Losses	Michelle Smith
01/12/2014	Tampa Tribune	Widowed Financial Planner Offers Workshop In Brandon	Barbara Routen
01/12/2014	Tampa Tribune	Speaker's Concern for Widows Started On 9/11	Barbara Routen
01/04/2014	CNBC	More Financial Fraudsters are Targeting Seniors	Kelley Holland
12/01/2013	Inside Information	Planning In Widowhood	Bob Veres
12/01/2013	Financial Planning magazine & web	7 Financial Advisors With Great Side Gigs	Staff
11/01/2013	Gather-national magazine of Women of the ELCA	Advice for New Widows	Kathleen Rehl
10/01/2013	Wall Street Journal	Wealth Adviser: Helping Federal Employees Cinch the Belt Another Notch	
09/30/2013	CNBC	Expert Offers Financial Advice For the Recently Widowed	Kathleen Rehl
06/20/2013	Investment News	15 Transformational Advisers: Harold Evensky & Deena Katz	Jeff Benjamin
06/01/2013	Investment News	An Unconventional Exit From the Business	Liz Skinner



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06/01/2013	<i>Mindful Money Magazine (iPad app)</i>	Kathleen M. Rehl Ph.D., CFP® speaks at a Workshop for Widows, Wives & Friends	Fern Alix LaRocca
05/28/2013	<i>Reuters</i>	Widows and Divorcees Put Money In Motion	Beth Pinsker
05/17/2013	<i>The Forum of Fargo-Moorhead</i>	A Vulnerable Time: Widows Need to Guard Against 'Financial Wolves'	Staff
04/11/2013	<i>Lake Oswego Review</i>	Finding The Right Way For Widows	Staff
02/19/2013	<i>Advisor Perspective</i>	Six Recommendations for Working with Widows	Kathleen Rehl
02/09/2013	<i>USA Today</i>	MoneyWatch: Better to Rent Or To Sell A House?	Kathleen Rehl
01/23/2013	<i>Florida Today</i>	Mary Baldwin: New Widow Overwhelmed by Financial Decisions	Mary Baldwin
01/01/2013	<i>Spacecoast Living.com</i>	Suddenly Single. Now What?	Robert J. Rall
01/01/2013	<i>ACP Financial Focus</i>	Put Your Gratitude Into Action	Kathleen Rehl
11/01/2012	<i>NAPFA Advisor Magazine</i>	Practical Points in Serving Widows	Kathleen Rehl
Fall 2012	<i>Ft. Leonard Wood Survivor Outreach Services Newsletter</i>	Financial Information for Survivors Page 3	Staff
08/01/2012	<i>Army Survivor Outreach Services Newsletter</i>	Mark Her Words Pages 4-7	Mark Dunlop
06/21/2012	<i>Think Advisor</i>	Divorcees, Widows Use Advisors More Than Men	Joyce Hanson
06/01/2012	<i>ACP Financial Focus</i>	“Magical Thinking” Isn’t a Plan	Kathleen Rehl
05/18/2012	<i>Financial Advisor a blog by Dow Jones</i>	How to Get A Wife Interested In Investing	Staff
05/07/2012	<i>The Wall Street Journal</i>	Five Mistakes You May Be Making	Veronica Dagher
03/13/2012	<i>onwallstreet.com</i>	Women Advisors Forum: Ways Wealth Managers Can Work with Widows	Staff
01/15/2012	<i>Bottom Line Personal</i>	After a Spouse Dies... Important Financial Steps to Take Right Away	Kathleen Rehl
12/31/2011	<i>The New York Times</i>	Footsteps to Follow in the Coming Year	Ron Lieber
12/23/2011	<i>Marotta on Money</i>	Helping Widows Move Forward On Their Own	David John Marotta



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11/25/2011	Investment News	What Worries Advisers As We Enter 2012	Fred Gabriel
10/17/2011	The Vanguard Group	A Widow's Guide To Financial Decisions	Staff
10/12/2011	A Dow Jones Newswires Column	Listening First is Key With Widows	Staff
10/11/2011	Pocono Record	5 Financial Rules for Grieving Spouses	Erin Baehr
10/02/2011	Investment News	Patience Is Key When Working With Widows	Jim Pavia
10/01/2011	Senior Market Advisor	Estate Planning for Senior Women	Staff
09/25/2011	St. Petersburg Times	Financial Planner's Own Experience Helps Her Guide Widows In Money Matters	Susan Taylor Martin
09/19/2011	The Wall Street Journal	Alone...and Confused	Veronica Dagher
09/04/2011	Investment News	A Passion for Working with Widows	Jeff Benjamin
09/03/2011	The New York Times	For the Recently Widowed, Some Big Financial Pitfalls to Avoid	Ron Lieber
08/29/2011	Kiplinger's Retirement Report	A To-Do List for the Surviving Spouse	Susan B. Garland
08/01/2011	Squared Away Blog	Widowed Advisor Strives to Help Others	Staff
07/01/2011	NAPFA Advisor	Affairs of Estate (The Rehl Approach)	Staff
07/01/2011	Senior Market Advisor	Estate Planning	Susan B. Garland
06/01/2011	AARP Bulletin	Marriage and Money	Jane Bryant Quinn
04/01/2011	Consumer Reports Money Adviser	Make Estate Planning a Family Affair	Staff
03/24/2011	The New York Times	Money Through the Ages: Pondering Risks in Retirement	Tara Siegel Bernard
03/01/2011	Kiplinger's Retirement Report	Information to Act On	Staff
03/01/2011	ACP Financial Focus	Money-Smart Steps for Recent Widows	Kathleen Rehl
02/01/2011	NAPFA Advisor	The Write Stuff	Staff
01/01/2011	Caring Connections	Book Review	Staff
12/01/2010	NAPFA Advisor	Financial Planning for Women	Staff
12/27/2010	Help Me Publish Blog	Interview: Kathleen Rehl, Ph.D., CFP	Tamara Dever



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12/13/2010	<i>The Wall Street Journal</i>	Financial Planning for One Is Easier Than Two – But Hardly Easy	Veronica Dagher
09/01/2010	<i>Tapestry</i>	Steps for Recent Widows	Kathleen Rehl
09/01/2010	<i>U.S. News & World Report – The Best Life Blog</i>	Advice for Widows and Older Couples, Too	Philip Moeller
06/01/2010	<i>Dow Jones Investment Advisor Blog</i>	Kathleen Rehl, On Working with Widows	Staff
06/01/2009	<i>Investment News</i>	Widows' Needs Being Ignored By Advisors	Lisa Shidler
02/01/2008	<i>Investment News</i>	Making a New Widow's Life Easier	Kathleen Rehl